



Dear Expats,

The corona virus is the main topic of conversation among just about everyone. According to the German government, there is no need to panic. Most of those infected have a mild version and are soon on their feet again. The regular flu, the common cold, as well as other infectious illnesses are also making the rounds. The following common-sense precautions can help you avoid getting sick and help prevent the spread of illness if you are sick:

- Wash your hands often with soap and water for at least 20 seconds.
- If you can't wash your hands, use hand sanitizer with at least 70% alcohol.
- Avoid touching your eyes, nose and mouth with unwashed hands.
- Don't shake hands or hug others and avoid sharing cups or eating utensils, especially with those who are sick.
- If you need to cough or sneeze, use the inside of your elbow or a tissue, not your bare hands.
- Place used tissues in a receptacle with a lid.
- Clean and disinfect frequently touched surfaces, such as toys, keyboards, phones and doorknobs.
- Eat healthy and exercise to build up your immune system.
- If you have a pre-existing medical condition, avoid events where many people gather.
- Stay home if you are sick to avoid infecting others and to make sure you heal quickly!
- If you are feeling ill or have a fever, do not go directly to the doctor's office because you may infect others. Call ahead and the doctor or the nurse will ask you some questions and guide you as to further measures.

March is Spring time! The meteorological Spring starts on March 1st, while the astronomical Spring starts on March 20th. The crocuses and daffodils are already blooming! Take a nice sunny walk in the parks and gardens in and near Karlsruhe and enjoy the season.

Ready for outdoor swimming? The Sonnenbad opens for the season on February 28th. Expect water temperatures between 25 and 28°C. Fee charged. Info in German [here](#).

Remember to change your clocks on **March 29th!** "Spring forward, fall back."

Karlsruhe News

- For those living in the city of Karlsruhe, from now on the collection of the organic waste bin (Biotonne) is on a weekly basis.
- The Wednesday evening market at Marktplatz starts again on March 4th. This market is from 4 to 8 pm and the concentration is on regional and ecological products.
- The box office of the Karlsruhe Zoo is open one hour longer – from 9 am to 5 pm – starting March 1st. It is now possible to purchase zoo tickets online to print out at home or save on your phone. Info in English [here](#).

What to do in Karlsruhe in March Regular English-language Events

Karlsruhe's very own [English-Speaking Meetup Group](#) (sponsored by expat-karlsruhe.com) is a way for anyone to organize events and activities or plan adventures. The most popular regular event is the monthly Stammtisch where you can meet nice people who speak English in a relaxed atmosphere. Start is 6:30 p.m. until around 11:30 p.m. It's a mix of young and old and all those in-between, who come and go throughout the evening. The next one is March 10th.

The [American Library](#) has regular events in English for kids and adults: **LitNite** (March 3 & 17), **Poetry, Please!** (March 24), **MovieTalk** (March 11), **Storytime for kids 3-5** (March 11 & 25), **Teen Time** (March 6 & 20) and **Storytime for kids 6 and up** (March 6 & 20).

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www.expat-karlsruhe.com



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The [Karlsruhe Toastmasters](#) meet every 1st, 3rd and 5th Monday of the month from 7:15 to 9:15 p.m. to practice public speaking in English with friendly, relaxed support from speakers from around the world.

Improve your German!

Sprecht miteinander!

Practice your spoken German in a relaxed atmosphere. People of similar language ability form groups moderated by a native speaker volunteer. Free and no registration required.

Wednesdays and Fridays from 6:30 to 8:00 pm. Just stop by!

Bürgerzentrum Mühlburg (BZM)

Hardtstr. 37 A/2

76185 Karlsruhe

The [IBZ \(Internationales Begegnungszentrum Karlsruhe - International Meeting Center Karlsruhe\)](#) offers a number of projects to help with integration. A listing in English is available [here](#).

Calendar of Events

March 5 – Jugend jazzt concert. Winners of the youth jazz competition (max. age 24) at the Karlsruhe BGV-Lichthof starting at 7 pm.

March 6 - 8 – French market in nearby Bretten. "Marche francais" in the old part of town from 10 am to 7 pm.

March 7 – Open Data Day at ZKM starting at 1 pm.

March 10 – Stammtisch organized by the Karlsruhe English-Speaking Meet-Up group at **Zum Kleinen Ketterer** starting around 6:30 pm.

March 13 – Moonshine Dew concert at the [American Library](#) at 7:30 pm. Moonshine Dew is a German-American band that plays traditional bluegrass classics as well as pieces from other genres with bluegrass flair. Admission charged.

March 17 – St. Patrick's Day. Head out to your favorite Irish Pub and wear some green.

March 17 - St. Patrick's Day Parade. Live music and tradition. This year the parade starts around 4-ish, which could mean 3 or could mean 5 pm. Start is Linden's Irish Pub and the route meanders to Scruffy's Irish Pub.

March 27 – Author Reading in English at the [American Library](#). Jessica J. Lee reads from her first book *Turning: a Swimmer's Memoir* Jessica Lee. The Canadian ecological historian, describes her year-long project of swimming in 52 lakes in and around Berlin – in all seasons and all weathers. Admission charged.

Relocation Service move-in

With 15+ years of experience in the region, [Relocation Service move-in](#) can help with your move to Karlsruhe, your move from Karlsruhe and with all those day-to-day problems expats experience.

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